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The Improver Podcast | Episode 4 | Recognising your sphere of influence

At the end of this podcast, you will have learnt:

- Alternative or hybrid career paths in healthcare with a medical degree
- Why it is important for good leaders to mentor and support those who are underrepresented in senior leadership positions
- The role biology and biography play in patient outcomes, and why health context matters in how care is delivered
- Various societal issues that have been brought to light during the COVID-19 pandemic and how they have influenced healthcare priorities moving forward
- How to start addressing equity and equality issues in healthcare within your organisation
- How you can use technology to notice patterns and rapidly respond to changes in the workplace
- How to foster a culture of compassion towards staff, especially under the increased pressures of the pandemic

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What does being a good leader mean to you and how has this podcast changed your perception of a good leader?

What is something new you learned about anchor institutions, and what could these organisations do differently to improve the quality of life of the communities they serve?

How often are you involved in mentoring or supporting those who are at an earlier stage in their career journey? How many of your mentees come from underrepresented groups?

Thinking about the discussions within this podcast episode, how does your team or organisation address inequality in healthcare and how can that be improved?

Please identify a colleague with whom you can share this podcast and learning, and continue the conversation.